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FALL ISSUE 2012

Life After Retirement

Many of my friends asked me, "What are you going to do after you retire?" I was lucky because fate allowed me for the last few years to be involved in teaching programs that I enjoyed.

Several months after I retired, I was asked to come back to an elementary school in the school system where I previously taught. I was asked to take a Reading Lab for grades 1 to 3 for the remainder of the year. Because I had taught Junior High most of my career, this sounded like a good deal. It was very rewarding.

A couple years later, a friend called to ask me if I would be interested in teaching in a program sponsored by The Boy Scouts of America called "In School Connection.". The program was to teach, in Tulsa Public Elementary Schools, the life skills that were usually taught in scout troops. For seven years, three days a week, I taught this program in six elementary schools. It was fun working with children, for 30 minutes a class, teaching the life skills that children would not receive in the regular class. One of the rewards was all the notes and hugs the children gave me.

During the time I was teaching at one of the elementary schools, a friend asked if I would like to teach in the Reading First program at her school. I taught kindergarten through 3rd grade. Many of the children were from sad backgrounds with a multitude of problems. I must say I learned more from these children than I think they did from me. I worked with

the children in this program for eight years. The thrill was seeing a child progress a grade level or more in reading.

I entered my second retirement last year, due to lack of funds for the reading program. It was sad to know that many of these children would not be able to receive special instruction in their reading.

To be able to continue working with children and enjoy teaching them was worth every hour I spent in life after retirement.

Helen Tate, Alpha Beta Chapter, Alpha State/OK

Sometime after I moved to Wichita after leaving Tulsa, I started helping (or working) with the elections. This past Tuesday was the Primary Election, and I was one of the workers trained to do everything that has to be done on Election Day. We were all required to be at our assigned polling place at 4:45am and stay until everything was completed and put away at approximately 8:30pm. It was a tiring day, but I really enjoy seeing all the people who come to vote. The volunteers always set up the voting machine for each person and assist any way needed. It is very possible somebody can't read the names, doesn't know how to use the machine, or cannot physically cast their ballot. I am there to help. It really is a rewarding experience.

Jean Terrell, Eta Chapter, Gamma State/KS

The Kappa Profile is published quarterly by Kappa Kappa lota National Headquarters.

News releases and other information may be submitted for publication consideration to:

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Make Kappa Your Cup of Tea
2012-2013 NATIONAL EXECUTIVE COMMITTEE (left to right)

Immediate Past President Jeanne Blain, Recording Secretary Janice Luce, 1st Vice President Wanda Huhn, President Christena Poole, President-Elect Sue Hagan, 3rd Vice President Melinda Sams, Parliamentarian Jean Adams

(Not pictured — 2nd Vice President Laurie Konrad)

This Issue:

Professional Development	1
National President	2
Convention Memories	2
State Presidents	3
Scholarship/Grant Awards	4
Learning Communities	4
Books and Bears Project	5
Executive Director	5
Filing 990-N	5
Donations	6-7
Memorial Message	8

National President Chris Poole ~ Make Kappa Your Cup of Tea



I believe everyone would agree that we had a wonderful convention in Chattanooga. I was very happy to see so many of you. I wish more of you could have been there. The Tennessee Kappas and Convention Chair Chris Hockert provided us with a great time of learning, growing, and sharing. The Sheraton Read House Hotel was most accommodating. Many thanks go out to everyone who made this convention possible.

You have proven once again that Kappa is a very special organization.

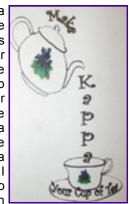
Past National President Marcelle Bridgeman reported that over 24,000 empathy contacts were made last year. You have also given both your time and money to support philanthropic activities. Reports received this year indicated that you volunteered over 208,843 hours and gave over \$896,185.00 in items and monies to various organizations. I know this is just a portion of what was actually given. We were also able to award scholarships and grants worth \$10,750.00, thanks to your generosity and interest.

I want to thank Past National Presidents Charlotte Schneider and Carolyn Dye for the wonderful installation service, Gail Joiner for her special prayer, and the Hawaii Kappas for their most special gift. Your planning and participation made this very special for me. I want to thank the family of Past National President Ruth Foster for donating her National President's pin for me to wear. Kappa was very special to Ruth, and she was very special to all the lowa Kappas and me. I am very honored to wear her pin.

A very special thank you also goes out to all the lowa Kappas who have supported me through this journey. I want to especially mention Connie Schobert and Bonnie Bell who keep telling me I can do this.

Congratulations to all the 2012-2013 state and local officers who have volunteered their time and efforts to support our organization. Without every one of you, we could not continue. It is a special honor to welcome our first male State President Curtis McFarland of New Mexico.

My theme this year is "Make Kappa Your Cup of Tea". I chose this theme because, just as a cup of tea is something that one finds pleasing, our experiences in Kappa should be the same. In the early 20th Century, a "cup of tea" was such a synonym for acceptability that it became the name given to a favored friend. Our Kappa sisters and brothers are all ready to be our friends. We need to share Kappa with as many educators as possible. I hope that each of you will continue to make Kappa the special organization



that it has become. Everyone needs to try to get at least one new member this year. It would be so wonderful if we could turn the downward slide in membership around this year. It believe our experiences in Kappa should be warm, refreshing, and soothing like a cup of tea. I am looking forward to a great year. I am excited about the invitations received to visit several states and hope to visit as many as possible. Please, feel free to call on me at any time by phone, email, or letter with concerns or questions.

Pícture Perfect Moments in Chattanooga—2012 Convention





2012-2013 STATE PRESIDENTS





Alpha State/OK Sherry Read

"A Kappa's Journey Begins With Friendship"



Iota State/NE Mary Solberg

"Helping Hands"



Upsilon State/SC Ann Burnette

"Score a Hole-in-One With Kappa"



Beta State/NM Curtis McFarland

"Reaching New Horizons With Kappa"



Lambda State/GA Janet Martin

"A Perfect Blend of Tea: You, Kappa, Me"



Phi State/OH
JoAnn Velemirov

"Kappas Are 'Tea'rrific"



Gamma State/KS Jean Terrell

"Build a Cornerstone for Kappa"



Mu State/MS Mitzy Johnson-Mills

"Live, Love, Laugh for Kappa—Everlasting Friendships"



Chi State/HI Elisabeth Brown

"Kappas are Blossoms, Woven Together in a Lei of Aloha, through Love and Service"



Delta State/TX Nancy Houston

"Let's Rock and Roll With Kappa"



Nu State/CA Frances Priest

"Kappas Believe in Service to Each Other, to Current and Future Teachers, and to the Community"



Psi State/TN
Christine Hockert

"Sew Friends and Grow Kappa"



Epsilon State/AR Sharon Balloun

"Fly High with Kappa... Sky is the Limit"



Xi State/FL Annie Davis

"Lucky to Be a Kappa"



Alpha Alpha State/KY Candace Wilson



Zeta State/MO Janet Ulrich

"Friendships, Like Stars, Shine Brightly in the Hearts of Kappas"



Omicron State/IA
Barbara Eckert

"A Role for All, No Role Too Small"



Alpha Beta State/IN Kathy Widick

"Kappa Friendship is Forever"



Eta State/LA Margaret Burlew

"Kappa! Discover the WILD Side!"



Rho State/NC Brenda Morrison

"Fingerprints of Service"



Maryland/MD Chapter Janice Lounsbury

"Setting Goals High For KKI"



Theta State/AL Kathy Smith

"Kappas See a Brighter Tomorrow Because of the Work They Do Today"



Tau State/WY Karen Carleo

"Together We Are Tea-rrific"



~ Chris' TEA CAKES ~



2012 NATIONAL SCHOLARSHIP/GRANT RECIPIENTS





Mable Caldwell—\$2,000

Emily Eaton lota, Mu State/MS



Ruth Foster McClain—\$1,500

Deanna Kay Rice Upsilon, Eta State/LA



Sara Sunderman—\$1,000 Campus Kappa

Julia P. Casey Blue Mountain Campus Kappa Mu State/MS



Sara Sunderman—\$1,000 Campus Kappa

Sarah Elizabeth Cox Blue Mountain Campus Kappa Mu State/MS



Sara Sunderman—\$1,000 Campus Kappa

Kimberly Paulette Sides Blue Mountain Campus Kappa Mu State/MS



Past State Presidents—\$1,000 (In memory of PNP Ruth Foster)

Janalee Jackson Leak lota, Mu State/MS



Educational Grant—\$1,000 (In memory of PNP Veda McGinty)

Shawn Christina Harwood lota State/NE



Educational Grant—\$750

Ashley Elizabeth Prince Alpha Alpha State/KY



Educational Grant—\$750

Craig Hall lota State/NE



Educational Grant—\$750

Andray Job lota State/NE

PROFESSIONAL LEARNING COMMUNITIES

Dr. Yvette B. Garner and Karen G. Wheat of McNeese State University and members of Upsilon Chapter, Eta State/LA enhanced the Professional Learning Community (PLC) of Lake Charles, Louisiana. Through collaborative effort, education majors were provided weekly one-on-one class time with at risk second graders of Brentwood Elementary. The goal was to provide additional resources to promote increased student achievement in reading fluency and comprehension. Brentwood teachers provided information about weekly reading selections in the basal reader and the corresponding phonics and reading skills.

The McNeese education majors prepared a wide variety of corresponding reading activities. An assessment portion was included documenting the initial reading placement at the beginning of the semester and one at the end for final reading placement. The benefits of this collaborative effort were threefold: student reading scores greatly improved via meaningful differentiated learning activities, education collegiates received valuable hands-on experience, and the students had fun learning!

Submitted by Dr. Yvette B. Garner, Upsilon, Eta State/LA



Membership = Relationship Just Ask!

During my 31-year teaching career for Tulsa Public Schools, I was very active in Tulsa Classroom Teachers Association (TCTA), Oklahoma Education Association (OEA), and

National Education Association (NEA). Building membership is very important to the above named. As membership grew, the teachers' voice grew louder at the capital. Each year at the 'kick-off' meeting, building representatives were encouraged to make personal contacts to build relationships with new teachers and invite them to become members. Building representatives were informed that teachers inquire about membership and how to join throughout the year, and many teachers have said, "No one ever asked me."

When I think of growing Kappa membership, several phrases come to mind: "Each one, reach one", "To have a friend, be a friend", "You can make a difference with just asking one", and I am sure you have phrases of your own. The key to building and sustaining Kappa membership is by making an effort to build and maintain relationships.

Kappa members are excellent with empathy concerns. As we all know, "Empathy is the Heart of Kappa". Having empathy towards another is a wonderful way to start building a relationship with a prospective member. Kappa members do kind gestures every day: sending a card of encouragement, a birthday card, thinking of you note, and the list goes on. As relationships build, it would be simple to send an email or pick up the telephone to extend an invitation to a Kappa chapter meeting - with a ride included!

Share the warmth you have experienced as a Kappa member with others. Continue to share the unique features of our organization: scholarships at local, state, and national levels, monthly meetings for socializing and networking, leadership opportunities at the local, state, and national levels, and occasions to attend state and national conventions.

Thousands of wonderful teachers in classrooms today and many retired teachers would enjoy Kappa opportunities, relationships, and experiences - if only they were invited by you, they would not have to say, "No one ever asked me..."

Executive Director Marilyn Jo Bridges

Zeta Eta Chapter, Alpha State/OK



2013 National Convention June 25—29, 2013

Downtown Doubletree by Hilton Omaha, Nebraska

Books and Bears

Attending the Annual Luncheon were recipients of your kind and generous donations. Each representative expressed appreciation from the respective agencies with the County Sheriff's Office accepting the bears and the Northside Neighborhood House and the Housing Authority Learning Center receiving books.



For Assistance Contact

Marilyn or Stephanie, 1-800-678-0389 ~ kappa@galstar.com

Each state and local chapter, and all councils, must file an annual 990-N e-Postcard, via the Internet, with the IRS to maintain the tax-exempt status as a 501 (c) (3) organization.

This should be completed by $\underline{\text{November 15th}}$ for the 2011-2012 fiscal year.



2012 NATIONAL KAPPA KAPPA IOTA CONVENTION DONATIONS

General Fund

Memorial Garden	350.00
General Headquarters' Maintenance	395.00
Any Budgeted Area of Need	3,762.00
TOTAL	4,507.00

Capital Improvements Fund

TOTAL	5,130.00
Any Capital Improvements	130.00
Capital Improvements Special Projects	5,000.00

Scholarship/Grant Fund

TOTAL	3,250.00
Undesignated/General Scholarship	165.00
Jean Terrell Scholarship	300.00
Educational Grant	200.00
Sunderman Campus Scholarships	100.00
Past State Presidents	1,810.00
Mable Caldwell Scholarship	675.00

Total Donations for Kappa Kappa lota \$12,887.00

THANK YOU FOR YOUR GENEROUS DONATIONS (04/01/12 - 08/30/12)

GENERAL FUND

Any Budgeted Area of Need

Alpha Rho, Alpha State/OK In memory of Lillian Dean Margaret Gund, Alpha State/OK In memory of Lillian Dean

Xi, Phi State/OH

Linda Smith, Phi State/OH
In memory of Laurie Konrad's father,
Kenneth L. Ray

Mary Clearwater, Omicron State/IA
In memory of Ruth Fellers

Rita Heitkamp, Omicron State/IA

In memory of Ruth Fellers

Ann Ibotson, Omicron State/IA
In memory of Ruth Fellers

Linda McFarland, Omicron State/IA

In memory of Ruth Fellers

Dorothy Vance, Omicron State/IA In memory of Ruth Fellers

Alpha Xi, Theta State/AL

In memory of Amie Hubbard, Edie Bonner, Sylvia Sims, and Kathryn Greene

Omicron State/IA
In memory of Ruth Fellers
Nu, Phi State/OH
Lambda State/GA

Zeta State/MO
In memory of Janet Gerken
Sherry Read, Alpha State/OK
In memory of Dorothy Cathey
Mary Lou Hughes, Eta State/LA

In memory of Eta State's deceased family members

Bonnie Bell, Omicron State/IA
In memory of Harriett Waugh
Mary Lou Hughes, Eta State/LA
In memory of her son, Mark Garrett

Hughes Rho State/NC

In celebration of upcoming 50th Anniversary

Past National Presidents
In memory of Charlotte Schneider's
mother. Cora Gascon

Jackie Braun, Xi State/FL In honor of Annie Davis

Margaret Burlew, Eta State/LA
In memory of Wanda Huhn's grandson,

Austin, and In memory of Charlotte Schneider's mother, Cora Gascon Cathe Kehe, Alpha State/OK

In memory of PNP Veda McGinty
Patricia Hopkins, Delta State/TX

In honor of PNP Pat Southerland Wanda Huhn, Eta State/La In memory of her grandson, Austin

Amy Weaver, Epsilon State/AR
In memory of PSP Mary Lou Young

Phi State/OH Beta State/NM

In memory of Jeanette Hubbard

Martha Thibodeaux, Eta State/LA In memory of Charlotte Schneider's mother, Cora Gascon, and Wanda Huhn's grandson, Austin Convention 2012 Participants Louise Read, Alpha State/OK Joan Huffman, Rho State/NC Gail Joiner. Theta State/AL Patsy Johnson, Mu State/MS Mildred Boyd, Iota State/NE Lorene Behrends, Iota State/NE Diane Cox. Iota State/NE Pat Kelley, Alpha State/OK JoAnn Collett, Delta State/TX Estelle Cunningham, Psi State/TN Olivia Sansing, Mu State/MS Frances Terry, Theta State/AL Martha Thibodeaux, Eta State/LA Connie Granade, Lambda State/GA Janice Jones, Rho State/NC Connie Schobert, Omicron State/IA Linda Hilton, Gamma State/KS Christena Poole, Omicron State/IA Bonnie Bell, Omicron State/IA Charlotte Schneider, Eta State/LA Linda Smith, Phi State/OH Virginia Smith, Iota State/NE Jeanne Blain, Phi State/OH Phyllis Jiji, Zeta State/MO Nancy Johnson, Iota State/NE Sallie Kilgore, Phi State/OH Sue Hagan, Upsilon State/SC Margaret Gund, Alpha State/OK In memory of her mother, Leona Ketchum, and In memory of Lillian Dean Nu, Phi State/OH Rho State/NC In honor of Rho State's 50th

Memorial Garden

Leona Ketchum

Anniversary

Delta State/TX
In honor of PNP Pat Southerland
lota State/NE
In memory of Past State Presidents
Beta, Phi State/OH
In memory of Winifred Shahan
Wanda Culpepper, Lambda State/GA
In memory of PNP Betsy Cook
Frances Barrier, Rho State/NC
In memory of her son, Jerry Barrier

General Headquarters Maintenance Jo Klingman, Alpha State/OK

Loueen Morgan, Alpha State/OK
In memory of Margaret Gund's mother,
Leona Ketchum
Ginger Stout, Alpha State/OK
In memory of Margaret Gund's mother,
Leona Ketchum
Kathy Reid, Alpha State/OK
In memory of Margaret Gund's mother,
In memory of Margaret Gund's mother,

Pat Kelley, Alpha State/OK Jo Klingman, Alpha State/OK In memory of Glennis Nichols and In honor of Genevia Koch and Keren Miller

Alpha State/OK

In honor of Alpha State Linda Smith. Phi State/OH

In memory of Carolyn Dye's father, Harvey Dye

Charlene Reynolds, Alpha State/OK
In memory of Margaret Gund's mother,
Leona Ketchum

Blue Mountain Campus Kappas In memory of Wanda Huhn's grandson, Austin

Bronnie Rose, Epsilon State/AR Margaret Gund, Alpha State/OK In memory of her mother, Leona Ketchum

Charlotte Cobb, Alpha State/OK
In memory of Margaret Gund's mother,
Leona Ketchum

Alpha Rho, Alpha State/OK
In memory of Margaret Gund's mother,
Leona Ketchum

Alpha, Zeta State/MO
In honor of Rosemary Bane

Stephanie Holcomb, Alpha State/OK In memory of Margaret Gund's mother, Leona Ketchum

Ginger Stout, Alpha State/OK In memory of Lillian Dean Ginger Stout, Alpha State/OK In memory of Charles White

Loueen Morgan, Alpha State/OK In memory of Lillian Dean

Margaret Gund, Alpha State/OK

In memory of Lillian Dean

Charless Payrolds, Alpha State

Charlene Reynolds, Alpha State/OK In memory of Marie Norris' brother, Charles White and Lillian Dean

Past State Presidents, Alpha State/OK In memory of Imogene Allison Charlotte Schneider. Eta State/LA

In honor of 2nd VP Wanda Huhn Charlotte Schneider, Eta State/LA In honor of Mary Lou Hughes –

In honor of Mary Lou Hughes – Convention Chair 2011 Diane Ross, Phi State/OH

Charlotte Westerhold, Zeta State/MO

CAPITAL IMPROVEMENTS FUND Any Capital Improvement Project

Gamma State/KS Gail Joiner, Theta State/AL In memory of Carolyn Dye's father, Harvey Dye

Gail Joiner, Theta State/AL
In memory of Jean Adams'
mother-in-law, Mrs. Lois Jean Adams,
Edie Bonner, and Amie Hubbard

SCHOLARSHIP/GRANT FUND General/Undesignated

Phi, Zeta State/MO In memory of Beulah Jones and Margaret Cruts Carolyn Dye, Zeta State/MO In memory of her father, Harvey Dye Epsilon, Nu State/CA In memory of Maxine Hackett Jean Adams, Alpha State/OK In memory of Carolyn Dye's father, Harvey Dye, Charlotte Schneider's mother. Cora Gascon, and Margaret Gund's mother, Leona Ketchum Alpha, Upsilon State/SC In memory of Linda Mims Zeta Eta, Alpha State/OK In memory of Lessie Speed

Mable Caldwell

Convention 2012 Post-Tour Participants

Iva Duggan

Marilyn Aaron, Alpha State/OK

Jean Terrell

Sallie Kilgore, Phi State/OH
In honor of National President
Jeanne Blain
Xi State/FL
In memory of Jean Narmore
Jean Terrell, Gamma State/KS
In memory of Irma Jones, Ruth
Lindamood, Josephine Hardin, and
Catherine Lamb

Past State Presidents

Patricia Fleming, Upsilon State/SC In memory of Linda Mims Mu. Lambda State/GA In memory of Amie Lou Peacock Carolyn Garretson, Beta State/NM In memory of Norma Ruth Hodge Carolyn Garretson. Beta State/NM In memory of Jeannette Hubbard Jennifer Otradovec, Zeta State/MO Jane Otradovec, Zeta State/MO Kaye Carter, Theta State/AL Diane Cox, Iota State/NE Louise Read, Alpha State/OK Joan Huffman, Rho State/NC Ann Burks, Lambda State/GA Carol Neary, Xi State/FL Sandra Leder, Eta State/LA Wanda Culpepper, Lambda State/GA Janice Luce, Alpha State/OK Helen Tate, Alpha State/OK Christena Poole, Omicron State/IA Connie Schobert, Omicron State/IA Gail Joiner, Theta State/AL Jane Bowser, Phi State/OH Pat Kelly, Alpha State/OK Helena Harrison, Lambda State/GA Mildred Boyd, Iota State/NE Nancy Johnson, Iota State/NE

Jean Adams, Alpha State/OK Phyllis Thomas, Eta State/LA Ann Jones, Lambda State/GA Keren Miller, Alpha State/OK Bonnie Bell, Omicron State/IA Patricia Fleming, Upsilon State/SC Anita Buster, Mu State/MS Sharon Thomason, Epsilon State/AR Amy Weaver, Epsilon State/AR Jo Klingman, Alpha State/OK Estelle Cunningham, Psi State/TN Joyce Bolling, Theta State/AL Imogene Hardon, Mu State/MS Loretta Vail, Lambda State/GA Diana Spriggs, Gamma State/KS Susan Beck, Phi State/OH Janice Jones, Rho State/NC Linda Smith, Phi State/OH Fran Terry, Theta State/AL Virginia Smith, Iota State/NE Mary Margaret Kelch, Gamma State/KS Linda Hilton, Gamma State/KS Patricia Perkins, Lambda State/GA Olivia Sansing, Mu State/MS Patricia Hopkins, Delta State/TX Connie Granade, Lambda State/GA **Anonymous Cash Donations**

Sara Sunderman Campus Kappa

Imogene Hardon, Mu State/MS
In memory of PSP Warenne Cutcliff,
Willie Mae Mitchell, and Mary George
Elliott, charter member of lota Chapter

Ruth Foster McClain

Alpha, Zeta State/MO

Educational Grant

Mitzy Johnson-Mills, Mu State/MS
In honor of PNP Eudora Kemp, and Mu
State Kappa Sisters
Past State Presidents, Eta State/LA
In honor of 2nd VP Wanda Huhn
Past National Presidents
In memory of Carolyn Dye's father,
Harvey Dye, and Jean Adams'
mother-in-law, Mrs. Lois Jean Adams

National Executive Committee Fundraiser



"LET'S HAVE A PARTY"
And, YES, accepting donations in
"Red Solo Cup" hats raised \$2,771.00 for the
General Fund!

National Philanthropic Project

The Kempe Foundation for the Prevention and Treatment of Child Abuse and Neglect

Xi Chapter, Alpha State/OK Sigma Chapter, Alpha State/OK Alpha Beta Chapter, Alpha State/OK Alpha Rho Chapter, Alpha State/OK Beta Delta Chapter, Alpha State/OK Beta Omicron Chapter, Alpha State/OK Epsilon Tau Chapter, Alpha State/OK Nu Chapter, Beta State/NM Alpha Gamma Chapter, Gamma State/KS Alpha Theta Chapter, Delta State/TX Beta Gamma Chapter, Delta State/TX Beta Kappa Chapter, Delta State/TX Gamma Gamma Chapter, Delta State/TX Alpha Gamma Chapter, Epsilon State/AR Alpha Iota Chapter, Epsilon State/AR Pi Chapter, Zeta State/MO Upsilon Chapter, Zeta State/MO Nu Chapter, Eta State/LA Alpha Pi Chapter, Eta State/LA Beta Iota Chapter, Eta State/LA Gamma Chapter, Theta State/AL Alpha Xi Chapter, Theta State/AL Chi Chapter, Iota State/NE Mu Chapter, Iota State/NE Mu Chapter, Lambda State/GA Beta Chapter, Mu State/MS Eta Chapter, Mu State/MS Blue Mountain Campus Kappa, Mu State/MS Tau Chapter, Xi State/FL Upsilon Chapter, Xi State/FL Beta Chapter, Omicron State/IA Gamma Chapter, Omicron State/IA Omicron Chapter, Rho State/NC Pi Chapter, Rho State/NC Epsilon Chapter, Tau State/WY Delta Chapter, Upsilon State/SC Nu Chapter, Upsilon State/SC Xi Chapter, Phi State/OH Alpha Alpha State/KY Delta Chapter, Alpha Alpha State/KY

> April 1 — August 31, 2012 Total Donations \$1,512.30

National Kappa Kappa lota

Mail Donations To: The Kempe Foundation The Gary Pavilion 13123 E 16th AVE, #B390 Aurora, CO 80045

Living Life to the Fullest

Written and Presented at the 2012 National Memorial Service by Past National President Gail Joiner, Alpha Xi Chapter, Theta State/AL

It is so great to be a part of the wonderful organization of Kappa Kappa lota and have the love and support from this organization. Many of us know how important this love is to us when we need it so badly in our lives. We have learned first hand that our life is not a race – it is indeed a journey. We want our lives to be remembered in many ways. We want to live life to the fullest. Laugh Often. We can never laugh too hard, too much, or too often. Make it a habit to perform a random act of kindness to help someone in need every day. Be Honest and Dependable. Don't disappoint those you love. Work Hard. Nothing makes one feel any better than an hour's work in a flower garden. "You are nearer to God in a garden than any place else on earth." Be Choosy. Always do your best, no matter what you are doing. Say, "Thank you." Tell someone, "I love you." "You are special." Smile and say, "Good morning," to a stranger. You may make their day. Give someone who looks down and out a hug. Encourage others by saying, "You have done a good job." Go to church, and take time to pray. Love your life and what you have been given. It is not accidental. Search for your purposes, and do them the best you can. A little dreaming does matter. It allows you to become that which you aspire to be. Appreciate the

little things in life, and enjoy them. Many of the best things in life really are free. Don't forget to stop, smell the roses, look at the sky, and feel the rain. Don't worry, be happy! Less wrinkles are more becoming, make you look years younger, and much prettier. A smile brings fewer wrinkles to the face and more sunshine into the world. Forgive. It frees the soul and lifts burdens from the heart. Take Time for Yourself. Comb your hair, put on some make up, and dress up to go to Walmart. Order an ice cream sundae with whipped cream and a cherry on top. Enjoy every bite. Set your table with the "good china" every Sunday. Use your linen tablecloth and napkins. Light some candles, and put some fresh cut flowers on the table. Your family deserves the best you have no matter the menu. Plan for Longevity. Live every day expecting something great to happen, and enjoy every moment. Always remember the Lord giveth, and the Lord taketh. Recognize the special people you've been blessed to know. Let them know how much they mean to you. Spend as much time with them as you can. One day you may say, "I wish I had," or "I am glad I did." The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, God is with us. May God bless each of you and surround you with His loving kindness.

